

Currently Speaking

**Guernsey-Muskingum
Electric Cooperative, Inc.**
17 S. Liberty St.
New Concord, Ohio 43762
740-826-7661 — 800-521-9879
www.gmenergy.com

Board of Directors

Ed BayChairman
Jim RexVice Chairman
Jay GraySecy.-Treasurer
John EnosDirector
Brian HillDirector
Duane ParksDirector
Shirley StutzDirector
Daniel J. GunsettCounsel
Jerry Kackley ..General Manager/CEO

Electric Rates

Farm and Home Service
rate schedule R-1*

Service Availability Charge \$18/month
First 500 kWh/month @ 13.069¢/kWh
Over 500 kWh/month @ 10.945¢/kWh

Seasonal Residential Service annual rate schedule S-1*

Service Availability Charge \$216/year
First 800 kWh/year @ 21.069¢/kWh
Over 800 to 6,000 kWh/year @ 11.945¢/kWh
Over 6,000 kWh/year @ 10.945¢/kWh

(Your minimum annual charge will be \$216 per year for service between March 1, 2012, and Feb. 29, 2013.)

Commercial Service rate schedule C-1*

Service Availability Charge \$18/month
First 1,500 kWh/month @ 13.069¢/kWh
Over 1,500 kWh/month @ 10.945¢/kWh

*Rider T —

Kilowatt-hour Tax applies to all rate schedules and must be added to the rates shown.

First 2,000 kWh/month .465¢/kWh
Next 13,000 kWh/month .419¢/kWh
Over 15,000 kWh/month .363¢/kWh

Your Touchstone Energy® Partner 

Pearls of wisdom

LIKE MOST ADULTS of my somewhat “advancing” years, I continue to reflect on the sage advice that I received from my parents as a young man growing up in south-eastern Ohio. Like most young adults, I discounted the value of their prophetic words back then...nothing more than meaningless chatter from cranky old folks. What a fool I was! I have now realized that my parents were brilliant.



**Jerry Kackley,
General Manager/CEO**

While my mother was very soft-spoken, my father provided me with many of the most memorable “pearls of wisdom” that I try to pass on to my girls and any nieces and nephews who will listen. Perhaps the most memorable “saying” helped to define my perspective on work. On one occasion, I was grunting and grumbling about some mundane, dirty or difficult task...I can’t even remember what it was. My father happened to overhear me and calmly asked, “Do you like to fish?” While I assumed his question simply confirmed his advancing senility, I responded, “Yes sir, I really like to fish.” “Do you want to fish seven days a week, 12 hours a day?” he asked. “Well, no sir. That would take the fun out of it,” I replied. Then the message hit home when he delivered the punch-line: “That’s why they call it work.”

While it would be wonderful if we always loved our jobs and came whistling through the doors each day, the fact is that work is not always enjoyable...that’s why they call it “work.” We face obstacles and setbacks...tough days which make us want to grunt and grumble. However, we must approach work with the correct attitude and effort. Work should give us a sense of purpose and accomplishment no matter how boring or challenging the task may be. We should always strive to do our best so we can be proud of a job well done. As we celebrate Labor Day, I’d like to say “Thanks” to all of our employees and all the members of GMEC whose labors have made this country great! ☺



The Guernsey-Muskingum Electric
Cooperative office will be **closed on Monday, Sept. 2,**
so that our employees and their families can celebrate Labor Day.

The office will be staffed for emergencies.
For outage assistance, call 1-800-521-9879 or 740-826-7661.

We wish you a safe and fun Labor Day Weekend!

Electrical safety around grain elevators

Working around grain bins creates hazards that are often overlooked by even the most seasoned farm hands.

Always keep these safety tips in mind:

Suffocation/engulfment

Entrapment can happen in a second when dealing with grain, which often is compared to quick sand. This is leading cause of death in storage bins.

Do not enter grain bins during active loading and unloading times.

Never work alone.

Make sure to wear proper safety equipment.

Fires/explosions

When grain dust accumulates, it can sometimes create the right conditions to spark a fire. These fires are difficult to stop and usually end with a large explosion.

Be sure your ventilation system is working properly.

Clean regularly to keep grain dust accumulations to a minimum.

Do not smoke or ignite any other open flames while in the grain bin.

Toxic atmospheres

Mold, fungi and chemical fumes from decayed grains can create a deadly atmosphere.

Store fully dried grain at the proper moisture.

Wear a mask or filter respirator to limit the amount of direct contact to the fumes.

Try to keep animal and insect infestations to a minimum.

Machine malfunctions

Machines also pose deadly risks, including amputation, entanglement and electrocution.

Do not operate these machines while inside the bins.

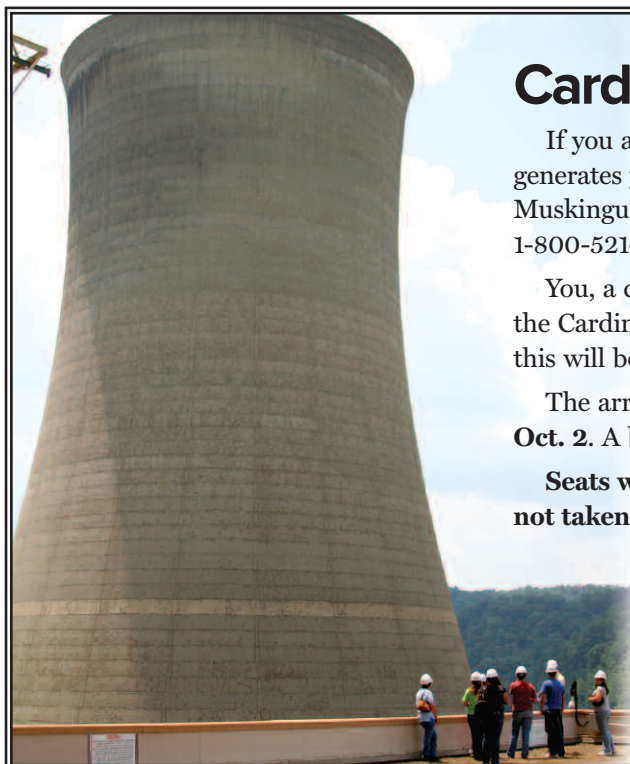
Ensure that all equipment is properly guarded.

Be on the lookout for overhead power lines.

Check for frayed cables.

Always wear safety belts or some form of protection. ☞

Sources: U.S. Occupational Safety & Health Administration: Grain Handling; University of Nebraska-Lincoln Environmental Health & Safety: Grain Bin Safety; National AG Safety Database: Grain Storage Safety



Cardinal Plant Tour

If you are interested in touring a power plant that generates your electricity, please call Guernsey-Muskingum's member services department today at 1-800-521-9879.

You, a cooperative member, are one of the owners of the Cardinal Generating Station in Brilliant, Ohio, and this will be a chance to see it in operation.

The arrangements are being made for **Wednesday, Oct. 2**. A bus ride, tour and lunch will be provided.

Seats will be reserved for G-M members who have not taken the tour in the past. Please call, as seats are limited, and will be filled on a "first-call/first-served" basis.

Please be our guests! But don't delay!

Insulating your attic: *More is better*

IS THERE ENOUGH INSULATION in your attic? By adding insulation, you can improve your home's energy efficiency and save money. Here's a tip from Guernsey-Muskingum Electric that can help reduce your energy consumption — and your electric bills.

With adequate attic insulation, your home's heating/cooling system will operate more efficiently. It will keep you cooler in the summer and warmer in winter — and it will keep more money in your wallet. As TogetherWeSave.com can show, adding insulation to

your attic can save you \$240 a year.

Older homes tend to have less attic insulation than newer ones. An energy audit can indicate whether additional insulation is needed.

Before adding insulation to your attic, determine how much insulation is already installed, what kind it is and how thick it is. Next, you'll need to know the R-value — which indicates the insulation's resistance to heat — of existing attic insulation. The higher the R-value, the greater the insulating effectiveness. Once you know the R-value, you can determine how much insulation to add by using the U.S. Department of Energy's ZIP Code Insulation Program.

Now you're ready to decide what kind of insulation to install: loose-fill or blanket (batt and roll) insulation. Loose-fill insulation consists of small particles of fiber, foam or other materials. Blanket insulation, the most common and widely available type of insulation,

comes in the form of batts and rolls made from mineral wool, plastic fibers and natural fibers. Loose-fill insulation is usually less expensive to install than batt insulation. And when installed properly, loose-fill insulation can provide better coverage.

For other tips on how to save energy — and money — visit Touchstone Energy® Cooperatives energy-saving website, www.TogetherWeSave.com, or call Ray Crock the efficiency expert at Guernsey Muskingum Electric Cooperative. ☎



4th Annual Farm Science Review Bus Trip

Wednesday, Sept. 18

Yes, I/we would like to join our co-op and ride in a Muskingum Coach tour bus to the Farm Science Review at London.

Seats will remain at \$25 each this year even with the increase in ticket prices and fuel cost.

Name _____

Phone _____

Address _____

Enclosed is a check for \$ _____.
Please make check payable to GMEC.

**DON'T WORRY ABOUT THE TRAFFIC —
LEAVE THE DRIVING TO US!**

Your ticket covers the bus trip to and from the Review, plus a light breakfast and your entry to the Farm Science Review.
Bus departs Cambridge at 6 a.m.,
and Zanesville at 6:30 a.m.

Mail or return to:

**Guernsey-Muskingum Electric Cooperative, Inc.
17 S. Liberty St., New Concord, Ohio 43762**

For more information, call member services at 1-800-521-9879.

I will board the bus at

CAMBRIDGE ZANESVILLE

Is your name and location/ account number here?

If it is, call your cooperative's office and receive a **FREE** home change-out to compact fluorescent light bulbs. (Limit 12 bulbs.) Thanks for reading the "local pages" of *Country Living* magazine.

- #10-0209-10-01.....Eunice A. Klein
- #11-0522-21-01Mindy S. Osborn
- #15-0332-03-00.....N.A. Moore
- #18-0785-08-00.....Andrew Burt
- #24-0298-85-05 ...Stephen J. Butcher Jr.
- #29-0332-02-00.....John R. Jones
- #32-0140-40-01.....Dale Hamilton
- #74-0187-29-01Sonia A. Eppley

Would you please help your cooperative find former members?



Guernsey-Muskingum Electric would like your help in locating the following former members (or their heirs) who received service from the cooperative in prior years.

Capital credit refund checks were mailed to former members listed in this *Country Living* issue. These checks have not yet cleared the bank or have been returned to Guernsey-Muskingum as “undeliverable.”

If you have information on any of the names in the Capital Credit Refund Listing, would you please call the cooperative office at either of the numbers listed below and provide the information to the member accounting department.

The cooperative is aware that many of the former members listed are deceased. However, we are looking for surviving family members who are eligible to receive the capital credit check. Thank you for your help in locating our former members.

**New Concord
740-826-7661**

**Toll Free
1-800-521-9879**

A T & T, STORE #OH2480
 ABAFFY PAULA
 ABDELNOUR MARK
 ABELE REBECCA
 ADDY DAVID
 ADDY L S
 ADELPHIA COMM - 363
 ADKINS JESSE K
 ADKINS ROSCOE
 ADKINS TANYA M
 ADKINS WILLIAM M
 AERIAL COMMUNICATIONS
 ALBAUGH RAYMOND E
 ALKIRE IONA P
 ALLEGHENY PRODUCERS INC
 ALLEN CHAD
 ALRAHMAN INVESTMENT INC
 ALTIER RANDY
 AMERITECH CELLULAR SERV
 ANCO MINING INC
 ANDERSON BRENDA L
 ANDERSON JACK
 ANDERSON JAMES V
 ANDERSON JOSEPH
 ANDERSON WILLIAM
 ANDRESH JOAN
 ANDREWS WILLIAM L
 ANKRUM DEBORAH M
 ANNON WALTER
 ARCHER BRUCE
 ARGENT DEBRA
 ARMBRUST FRANCIS
 ARMSTRONG JAMES
 ARNOLD CHARLES E
 ARROW OILFIELD SERVICES
 ASH DONALD
 ASHE KAILA
 ASHTON DELBERT L
 ASHTON GARY D
 ATHERTON ALAN
 ATLAS ROOFING CO INC

AUKER HELEN
 BACHE MARVIN A
 BAIER JOSHUA D
 BAILEY JAMES
 BAIR DIANNA M
 BAKER GARY D
 BALDWIN JACK E
 BALL MELVIN JR
 BALLENGER ROBERT
 BANKHEAD CHARLES
 BANKS JOSEPH R
 BARKER RODNEY
 BARNETT MICHAEL A
 BARNHART JANET S
 BARRINGER MARK E
 BASEY LOUIS J
 BASLER JOHN
 BAUGHUM DAVID
 BAUKNECHT JOHN
 BEARS ROBERT M
 BECKETT DAVID
 BEEM JUDITH C
 BEISER JEFF
 BELCHER MARIA D
 BELL C M
 BELL DONALD E
 BENNIE CRAIG A
 BERA OIL & GAS CORP
 BEREAN BAPTIST CHURCH
 BERGDORF DONALD G
 BERGER LOREN T
 BERNDT LAUNNA
 BERRY DORI F
 BETHEL CHARLES W
 BEULAH BAPTIST CHURCH
 BEYERLE R
 BIAGINI EARL C
 BICHARD RALPH
 BIDDLE RICHARD
 BILES SCOTT J
 BINKLEY LOREN ASR

BIRD HELEN J
 BIRD WILLIAM
 BISHOP CLARENCE
 BLACK DEBORAH
 BLACKBURN PAMELA
 BLACKSTONE W G
 BLATTNER JERRY
 BLISS FRANK
 BLISS GREGORY M
 BLOOM SHELLY J
 BLUNT ROY L
 BOB JONES UNIV INC
 BOLLINGER RUTH
 BOOTH RALPH O
 BORDER STEVEN R
 BORLIE TAMMY A
 BOURST SAMANTHA
 BOVARD KATHERINE J
 BOWERS JAMES A
 BOWERY RICHARD F
 BOWMAN VERA
 BOYD SANDY
 BOYER LEONARD RJR
 BOYLE DENNIS
 BRAGLIN RITA C
 BRANDON C W
 BRANEM ROBERT
 BRANIGER MARY L
 BREWER CECYL
 BREWER KENNETH R
 BRITNELL SHERI
 BROKAW TOD A
 BROOKS B C
 BROOKS L D
 BROWN DEBORAH A
 BROWN GARLAND R
 BROWN JAMES
 BROWN JASON A
 BROWN KAREN L
 BROWN KEITH F
 BROWN KIM

BROWN NOEL B
 BROWNING ALAN D
 BROWNING GARY
 BRUMAGE BRAD
 BUCHANAN THOMAS
 BUCKEY PATRICIA
 BURCH NELLIE E
 BURDEN DON
 BURNS COURTNEY
 BURNS JAMES M
 BURSON LESLIE C
 BURT LARRY JJR
 BURTON JIM
 BURWELL JANET E
 BUTCHER ENERGY CORP
 BUTERBAUGH JOE
 CABLE SYSTEMS U.S.A.
 CAIN JAMES M
 CALLANDER & KIMBREL INC
 CALLIHAN LETITIA J
 CALLOW JOHN M
 CAMERON DOUGLAS J
 CAMPBELL ROBERT D
 CAMPBELL WAYNE
 CAPITAL OIL & GAS
 CARDANI BRUCE E
 CARLESS RESOURCES INC
 CARPENTER JEAN
 CARR DONNIE R
 CARRELL JAMES W
 CARROLL WILLIAM F
 CARSEY CINNAMON L
 CARTER LELA
 CASEY M L
 CASEY THERESA L
 CASHNER CLIFTON L
 CASSIDY ROBERT
 CASTLE JOHN
 CASTROVINCI ANTHONY B
 CATLETT BERNICE
 CELMER THOMAS

CHANNELL DON
 CHAPMAN DAVID L
 CHAPMAN KRIS P
 CHAPMAN LARRY W
 CHARTER CABLE INC
 CHRISTA OIL CO
 CHRISTIE PATSY
 CHURCH TODD
 CIACCHELLA ARTHUR P
 CIESICK JOE W
 CLAPPER HOWARD
 CLAPPER KELLY
 CLARK CAROLYN
 CLARK F
 CLARK GREG
 CLARK JOAN E
 CLARK LOIS
 CLARK STEVE
 CLAYTON CAROLYN
 CLEAR MICHAEL
 CLEARWATER DEVELOP
 CORP
 CLEGG SHARON S
 CLYMER GEORGE R
 COEN MILDRED L
 COLAIZZI CHRISTINE
 COLANGELO GENE
 COLBORN GREG
 COLE MARK
 COLEMAN BESSIE
 COLES MARY R
 COLLARD BRUCE
 COLLINS DANIEL
 COLLINS DEANA J
 COLUMBIA NATURAL
 RESOURCE
 COLWELL DONALD
 COMBS NEIL
 CONCORD DUP-STREET LIG
 CONCORD SQ LTD - APT B-
 CONCORD SQ LTD - ST LIG

CONCORD SQ LTD-SEWAGE-S	DAVIS DAVID A	DUTY DARRELL	FIUT JOHN C	GILLOTTE DONALD A
CONNER KAREN	DAVIS DOROTHY	DUVALL CHARLES	FLIGER LARRY R	GLASGOW MARY H
CONROY ROBERT W	DAVIS FRAN	DYNAMIC DRILLING INC	FLOWERS JAMES	GLASS BETTY
CONSOL RESC OF AMERICA	DAVIS HAROLD	E J H CORP	FLOWERS JAN L	GLASS GEORGE K
CONWELL THOMAS H	DAVIS JACK W	EASTERN STATES OIL & GA	FOLDEN JOHN	GLEBA KODY
COOK FRANK	DAVIS JOHN E	EASTIN DAVID	FONZI JAMES F	GLOSSER RICHARD L
COOK GERARD	DAVIS ROBERT	EBERSBACH ROBERT	FORD ARTHUR D	GLOSSER STEPHANIE D
COOL MISTY D	DAVIS RODNEY	EDEN LEON	FORD HARRY D	GLOVER-HARMON GLORIA
COONEY CABLE	DAWSON PHILLIP J	EHRET JEFFREY L	FORD LUKAS D	GOFF GEORGE R
COOPER HELEN C	DEBIAS JOSEPH W	EIKENBERRY ALICE M	FORD RAYMOND L	GOFF JASON B
COOPER RAYMOND	DEBOER BRIAN J	ELLERMAN BROS	FORRESTAL T	GORDAN MARK
CORSO C	DETRICK ROBERT	ELLIOTT GARY	FORSHEY PHIL	GORDON TERRY
COUGHENOUR ELIZABETH	DELBERT MARK A	ELLIS KEITH	FOSNAUGHT NANCY	GORRING MARLEICE
COVER GLENN E	DELONG DARRYL	EMERSON EUNICE	FOSTER GARY L	GRADY J
COX LINDA	DENTLER DONALD R	EMIG JESSIE R	FOUTS DANIEL	GRAHAM LINDA
CRADDOCK ROBERT	DEWHIRST THOMAS A	EMLER DON	FOUTS FRANK	GRAHAM STEVE
CRAMLETT D S	DICKEN KAREN	ENGLISH E	FRAME DANIEL P	GRAHAM WILLIAM G
CRANE GARY E	DICKERSON BARBARA	ENINUN, INC	FRAME DEBRA K	GRALEY ARTHUR
CRANK IRVIN E	DICKINSON JOHN H	ENOCHS NANCY A	FRAME GALEN R	GRANT IRENE
CRAWFORD SHARON	DIETRICH MICHAEL G	ENTERPRISE GAS & OIL	FRANGIOSI ROCCO P	GRATIOT DRILLING
CRAWMER WILLIAM J	DINGMAN ALTON	ERWIN HUGH W	FREEMAN LISA	GRAY-RICHTER DAWN
CRISLIP BETTY F	DIPOLD EVA	EUBANKS CINDY L	FREEMAN REBECCA S	GREATHOUSE DEBRA
CROSSON DEBORHA F	DIPOLD JOSEPH	EVERETT ROGER L	FRY BONNIE J	GREELEY MICHAEL
CRUM CATHERINE W	DIXON R M	EWART WOLFGANG	FULLER RUTH	GRESS MIKE
CRUSE CARLA	DOBBINS JAMES W	EWING BARBARA J	G.W.F. CORP	GREUEY TINA
CTR RESOURCES	DOBSON SUSAN	EXXCEL CONTRACT MGMT	GABLE V L	GRIDLEY DONALD
CUNNINGHAM THOMAS A	DODD JAMES C	F E PETROLEUM	GAINES LILLIAN E	GRIFFIN HUGH F
CUPOLI TRENT D	DONNELLY PATRICK T	FAGAN MARY	GAITHER MARY V	GRIMMETT SHERRY A
CURTIS CHARLES	DONREY OUTDOOR ADVER	FAIRCHILD TONYA M	GAITHER MARY V	GRINDSTAFF LINDA K
CZIGANS TRAVIS W	CO	FANTIN ANDREW	GALLAGHER JAMES	GROSE ERNEST D
DAILEY KATHY	DOW CHEMICAL	FARMERS HOME ADMIN	GARDNER BEA L	GROVES J
DAILEY KENNETH	DOYLE RUSSELL	FARRIS LARRY B	GARDNER GERALD	GRUBB DAVID R
DAILEY M H	DRIGGS CHRIS F	FAUST LONNIE	GARDNER THOMAS MSR	GRUBB DELBERT E
DALEY JAMES I	DUDLEY JAMES E	FERRELL CONNIE	GARLICK GORDON	GUITIERREZ RAYMOND
DALTON RICH A	DULECK HELEN M	FERRELL EVELYN	GARRISON JAMES	GUTHRIE JOHN
DALTON RICHARD	DUNCAN CATHY	FIGGINS MAX	GARVIN KATHY L	GUZZETTA DICK
DAMRON BETH	DUNIVER JOHN	FILMORE DONALD	GASPRO ENERGY INC	HABIB WILLIAM
DANESHGAR FARHARD	DUNLAP THOMAS R	FINDLAY GEORGE	GEORGE KENNETH S	HAHN EARL
DANKWORTH CHARLES	DUNNING WILLIAM R	FINDLEY OIL CO	GESSEL CHARLES G	HALE JESSICA A
DANLEY ALAN	DURBEN SHARON	FINNEY LEONA G	GIBBONS RUTH	HALENAR JOSEPH J
DARBY RICHARD S	DURBIN CLIFTON	FISH KATHLEEN S	GIBSON GARY	HALL DANIEL S
DAUGHERTY DAN R	DURBIN THOMAS L	FISHER DAN	GIBSON RONALD J	HALL MERVIN G
DAVIS C L	DURST CLARENCE	FISHER THEODORE CJR	GIFFIN DELBERT L	HALL MURREL D
DAVIS CATHERINE	DUTCHER MELVIN	FISK ARTHUR	GILBERT GREGORY	HALL VICKI

Stealing electricity and meter tampering are crimes

Since August 1978, a revised Ohio law has been in effect covering theft of utility service and tampering with utility equipment. The statute provides that a person does not have to be seen tampering with a meter to be held responsible for such action. Prior to the revision in the law, it was difficult to prosecute a person for meter tampering unless the action was witnessed.

In addition, in prosecution for a user's reconnecting a device that was disconnected by a utility, such activity now is considered prima facie evidence that the user intended to defraud the utility.

The law defines theft of a utility service as a first-degree misdemeanor if the value of the stolen electricity, plus any utility equipment repair, is less than \$150. It's a fourth-degree felony if the value is more than \$150 or if the offender was previously convicted of the charge. Tampering convictions carry similar penalties.

Tampering is defined "to interfere with, damage or bypass a utility meter, conduit or attachment with intent to impede the correct registration of a meter or the proper function of a conduit or attachments."

Conviction can bring from six months in jail and a \$1,000 fine to five years in jail and a \$2,500 fine.

Meter tampering costs all of us. It costs the cooperative, and it costs you. And it's downright dangerous. If you witness someone tampering with an electric meter, contact your cooperative office. Stealing electricity is a crime, and anyone caught violating the law will be prosecuted.

HALSEY DON	HOLT RONALD	KAHRIG HOMER	LEAS LEANN R	MCBRIDE RICHARD
HAMMER SUSAN	HOOVER PATRICIA	KALCHOFF MARIE	LEBANON M E CHURCH	MCCARTY JON
HAMMOND JEFF	HOOVER RALPH H	KAUFMANN MARY	LEHMAN SHAWN	MCCAUSTLAND MICHAEL P
HANDLEY RANDY A	HOPKINS ANNETTE C	KEENER BRAD	LENZI MICHAEL J	MCCLAY JOHN
HANKS MABEL A	HOPPERTON ROBERT	KEIFFER DOUGLAS	LENZO CARL J	MCCLOSKEY DAVID M
HANNA CATHERINE	HORN DONNA	KELLEY MICHAEL P	LEONARD JEFFREY B	MCCLOSKEY STEVEN
HANNA MARIE T	HORNIG CLINTON E	KELT ENERGY	LESCALLETTE ANNA	MCCONIHAN ROCKY
HANNUM ROBERT	HOSEY EMMA	KENNEDY ALICE	LESHUK GARY	MCCONNELL TERRY
HANSEN EDWIN G	HOSTETLER MAHLON L	KENNEDY MARIE A	LEVACY WILLIAM R	MCDONALD H K
HANSON ROBERT	HOUSER MARK D	KENNETT BRAD W	LEVELLE C M	MCDONALD VICKIE
HARDING MARIE	HOVATTER THEODORE	KENNEY T R	LEWIS ALFRED	MCDOWELL JAMES P
HARDING RICHARD	HOY CHARLES	KEYES ROBERT J	LEWIS ROBERT V	MCELFRESH GLENN M
HARDY POLLY	HRINKO KRISTY L	KIEFFABER GARY	LICHTNER TERESA A	MCFARLAND RYAN L
HARLAND CHARLES WJR	HUBBARD MARSHA A	KIGER ORVILLE B	LICHTNER TERRI	MCFIN OIL CO
HARRIS DAVID K	HUFF JENNIFER	KIMBLE PAUL	LIEBERTH WILLIAM	MCGEE BARBARA A
HARRISON VIRGINIA	HUFF TIMOTHY BJR	KINCAID RANDY D	LIESER DAVID A	MCGINNIS ROBERT
HART CONNIE S	HUGHES CHARLES R	KING DAVID	LIKENS BETTY R	MCGINNIS WILLIAM F
HART RANDALL	HUPP LARRY	KING J A	LILLY TROY W	MCGUIRE STEVE J
HARVEY NANCY	HURSEY FRANCIS	KING PATRICIA	LINEN BARBARA	MCGUIRK NANCY R
HASSELL MIKE	HUTCHISON TONI L	KING ROGER EJR	LINGAFELTER KENT	MCKEE NAOMI C
HASTINGS EVA	HUTCHISON WILLIAM A	KING TODD R	LOCKE ANTHONY L	MCLAIN SAMUEL
HATFIELD JUSTIN	HUTTON DALE E	KING YVONNE	LOCKE RHONDA	MCLAIN SAMUEL
HATFIELD MARION GJR	HYDE DAVID	KING LIMESTONE	LOGAN FRANCES	MCMAHON FLORENCE
HAWK MICHAEL J	ICKES JASON	KIRK KENNETH	LOGSDON KARL	MCNEAL VERNA L
HAY SARAH W	IDEN CHARLES M	KIRKMAN L A	LOHMAN ROBERT	MCNERNEY DONALD J
HAYDEN CLARENCE E	INDUSTRIAL INTERNATNL I	KIRKPATRICK JOSEPH T	LONG JERRY	MCPECK LISA I
HAYES MARSHA	INLAND DRILLING	KIRKPATRICK REBECCA A	LONG ROBERT M	MCPHERSON DONALD
HAYES RONALD	IRBY ELDON E	KLIE TIMOTHY F	LOOMIS HARDY	MCPHERSON TIM JR
HAYNES CHESTER	J P C PETROLEUM	KLINE CARL G	LOPEZ RALPH M	MCVICKER MARTHA A
HAZELWOOD J B	JACKS WANDA	KNIGHT A W	LOVELL TIM	MCVICKER RAY E
HEAGREN BARRY	JACKSON DELMA	KNIFE MARY	LOWERY L W	MCVICKER WILLIAM
HEDDLESON JACK	JACKSON ELAINE	KOCHER DANNY	LOWERY ROBERT	MEADOR LARRY C
HEFNER RONALD	JACKSON WILBUR E	KOPFER MIKE C	LURIE SETH R	MEIGS JOINT VENTURE
HEFT U L	JACOBS JERRY L	KOPSKY DIANE	LUTEY ELWOOD D	MELL DOUGLAS L
HEIL CORRY D	JAMES BILLIE J	KRAPPS PAUL	LUTHI CAROL	MELTON PAUL
HEIMS JOHN	JAMES T JOHNSON, TRUST	KUHAR JOHN A	LYONS MEL	MENDOZA LARRY
HELTER FRANK	JAMESON JAMES L	KUNDRITH CRAIG	MACALUSO JOSEPH M	MENDOZA LARRY
HENDERSHOT JERRY	JAMISON LAWRENCE R	KURRE THOMAS	MANDEL DONALD E	MENNENGA DIANE
HENDERSON JOHN R	JANOVYAK JOHN RSR	KUSNIRAK PHYLLIS	MANISTA KENNETH J	MERCER BRUCE A
HENDERSON SAM	JARRELL DANIEL	KUSS CATHERINE M	MAPES DANIEL K	MERIDIAN DRILL & EQUIP
HENRY MABEL A	JAY'S UNOCAL 76	KUSTER DANIEL	MAPLE D B	MERLIN ROBIN
HENSLEY CLYDE M	JENKINS JOHN B	LACEY KENNETH R	MAPLE MARK D	MERRIAM KENNETH
HERD CHARLES	JERRY OLDS OIL CO	LAFEVER PEGGY	MARCINCAVAGE THOMAS	MESSERSCHMIDT TERRY
HERMAN TRACIE	JESS ARTHUR E	LAGLE JANET	MARLING JOHN A	META CHEMICAL CO INC
HERSHBERGER ELSON	JIRLES WILLIAM S	LAGNEAUX DOUG	MARLING JOHN A	MIAMI VALLEY CONTRACTOR
HICKMAN HERBERT	JOHNS KEITH D	LAKE BARBARA A	MARLING MARK	MICHALAK DANIEL
HICKMAN PRESTON J	JOHNSON BETTY J	LAKE PHYLLIS I	MARSHALL JOHN R	MIDDLETON MIKE
HILEMAN KELLEY	JOHNSON BRENDA L	LAMAR ADVERTISING	MARSHALL OTIS	MIDWEST CONTRACTORS INC
HILL BARRY D	JOHNSON DAVID	LAMBERT RALPH	MARSHALL WILLIAM L	MILDZAIS M D
HILL LOWELL	JOHNSON DOREEN E	LANDERS TIMOTHY C	MARSTRELL JUNE	MILESTONE COMM OF OHIO
HILL RANDALL	JOHNSON HOMER	LANDIS ODIS	MARTIN JEFFREY D	MILICIA ROCCO
HILLER JOHN N	JOHNSON ROBERT E	LANDOW B T	MASSEY CLAUDE JR	MILLER EDNA L
HILTON JOHN D	JOHNSON VAUGHN V	LANDPROVEST INC	MASSEY MARJORIE	MILLER JAMES Y
HILTON VIRGIL E	JONES GARY	LANE BERNARD	MAST ALVIN	MILLER JOHN R
HILTON WILLIAM H	JONES K F	LANE P	MATHENEY J R	MILLER MICHAEL A
HOBSON PETROLEUM CORP	JONES MICHAEL E	LANZER BRIAN	MATHENY SAMUEL W	MILLER NORBERT V
HOCKENBERRY STANLEY	JONES PAT	LARRISON ROBERT G	MATHES LINDA	MILLER R D
HOFFER ALBERT E	JONES THOMAS W	LASHLEY WILLIAM R	MATISKO PAULINE	MILLER RUSSELL JJR
HOFFMAN GARY	JONES WILLIAM	LAW ENERGY INC	MAXWELL RICHARD	MILLER THOMAS A
HOFFMAN VIVIAN	JOSEPH BRIAN E	LAWLER WILLIAM	MAY CHRIS	MILLER WILLIAM E
HOLDREN THOMAS ESR	JUSTICE J	LAWRENSON C E	MAZE GEORGE N	MILLIGAN CRAIG W
HOLLINGSHEAD RONNI	KABAT MICHAEL J	LEADER DEVELOPMENT	MAZZA C J	MILNER DONALD R
HOLMAN C L	KACOVEC ROBERT	CORP	MC ATEE BARBARA	MINER CARL

- | | | | | |
|-----------------------|-----------------------|-------------------------|---------------------|------------------------|
| MINNIER SHAWN T | OMEN RUBY | REGAN THOMAS | SAMUELS W R | SHEETS SHIRLEY |
| MINOSKY FRANK | OSBORN BRENDA | REGER LOIS | SAUDERS MARJORIE | SHEKA DEBORAH M |
| MISSION GAS | OSWALD ROBIN | REHL ROBERT | SAUNDERS WILLIAM L | SHELLENBERGER EMMETT L |
| MITCHELL PEARL | OWCZAREK ASHLEY E | REICHER WALTER JR | SCANLAN VIRGINIA | SHELTON KYLE E |
| MOFFETT KELLEY J | PACKHAM TROY | RENSHAW CRAIG | SCARPATO THOMAS | SHEPHERD DEAN |
| MOHRMAN MICHAEL S | PALLET RECYCLING | REPASKY ALEXANDER | SCHEIDE MARCEL J | SHEPPARD GEORGE L |
| MONROE KAREN L | PALMER ORIN JR | RESOURCE EXPLORATION | SCHLOSSER LARRY D | SHIPLEY SHERRI |
| MONTGOMERY F | PALMER P | REYNOLDS D F | SCHMIDTKE DAVE | SHIRER PHILLIP E |
| MONTOY LEON | PARCELLS DAVID A | REYNOLDS DELMAR | SCHNEERER SHIRLEY P | SHOENFELT STUART |
| MOODY PEGGY L | PARK KESTER | REYNOLDS GARY M | SCHUMACHER PETER | SHOENFELT WARREN S |
| MOON DAVID I | PAT ARCHER & SON | RHINEBARGER RHONDA | SCHWARZE ALFRED F | SHRIVER GARY L |
| MOORE JACK H | PATRICK THOMAS E | RHODES MERL J | SCHWYHART ADA R | SHRIVER RAYMOND |
| MOORE MICHAEL L | PATTERSON THOMAS | RHODES STARLA | SCOTCH PENNY | SHROYER DONALD |
| MORELAND RANDY | PAYNE KENNETH | RICE TIM | SCOTT JAMES E | SHULL LEE |
| MORGAN BETTY | PAYNE WILLIAM H | RICHARDS DON | SCOTT ROBERT J | SICARD CHARLES |
| MORGAN PAUL | PEABODY COAL CO | RICHARDS NORMAN E | SEALEY DAVID M | SIDNER ANN |
| MORRISON ETTA E | PEACH CARL W | RICHARDSON DOUGLAS | SEARL JOHN A | SIGLER PETRO CORP |
| MORRISON HELEN | PECKA LOUISE M | RICHARDSON WARREN | SECHREST JAMES | SIKORA JOSEPH |
| MORRISON IRENE | PEMCO GAS INC | RICHMOND LANCE | SECKMAN ARIS K | SIMMONS DOROTHY A |
| MORRISON LAWRENCE | PENWIM JOINT VENTURE | RIDER JESSIE B | SECKMAN WAYNE | SIMMONS EARNEST |
| MORRISON LESTER L | PEOPLES MICHAEL R | RIEMENSCHNEID RICHARD | SEEVERS JAMES | SIMMONS ROGER |
| MOWREY CRAIG E | PERRINI NANCY B | RIGGLE CHARLES R | SELWAY DELORES | SIMMONS SANDRA |
| MOWRY BRIAN | PETE H C | RILEY JANIS | SESTINA JEFF | SKINNER J W |
| MUELLER HAROLD | PETERSON DAVID K | RITCHEY JOHN D | SETTLE RALPH | SKUZA KATHY |
| MULLINS EDWARD | PHILLIPS C A | RITTENHOUSE CHARLES | SETTLES DIANA L | SLEVIN KENDRA |
| MUNCY AMY | PHILLIPS JAMES E | RITTERBECK LARRY | SEXTON JAMES E | SMALLEY JEFFREY S |
| MURPHY DARLENE | PHILLIPS RAE | RIVERS RUTH N | SHAFFER MARGARET | SMALLEY MARY |
| MUSK DEVELOPMENT CORP | PHILLIS RODNEY | ROBBINS DONALD L | SHAFFER WILLIAM J | SMITH BOB J |
| MUSK JOINT VENTURE | PIERCE RALPH | ROBERTS DAVID A | SHANER RICHARD O | SMITH DOUGLAS E |
| MUSKINGUM MINING INC | PINE CONNIE A | ROBERTS KENNETH | SHANNON JOHN | SMITH EVA E |
| MUSKOFF ROBERT J | PITNER DUANE | ROBERTS WILLIAM E | SHARP KATHLEEN M | SMITH HARLEY E |
| MYERS TARA | PLEHN GREGORY A | ROBERTSON JAMES | SHAVER BRADLEY S | SMITH HAROLD C |
| MYERS VIOLET J | POIRIER ROBERT F | ROBINSON BRIAN L | | |
| N-STARR ENERGY INC | POORMAN DAN | ROBINSON DONALD R | | |
| NAPRAWA DONALD | PORTER APHUS I | ROBINSON EDWARD M | | |
| NASSER SCOTT E | PORTER ROBERT L | ROBINSON MICHAEL G | | |
| NATLAND ENERGY | POTTS CLIFFORD | ROBINSON ROBERT L | | |
| NEFF DANIEL | POWERS JOSH T | ROBINSON TAMMY | | |
| NEFF MARIA C | PRATHER MICHAEL A | ROBY MONA | | |
| NEFF MICHELLE M | PRICE GREGG A | ROCHFORD DAVID | | |
| NEWMAN DANNY J | PRICE PAT | RODGERS & ROSEN | | |
| NIGRO DANIEL J | PRINDLE CLIFF B | ROGER C DUPKE OIL CO IN | | |
| NIXON OVAL O | PRO ENERGY SERVICES I | ROGOSKI JOHN | | |
| NOBLE OIL CORP | PROCHASKA ROSANNE | ROHR JOHN JJR | | |
| NORMAN BARB | PUCKETT TERRY | ROLL MARTHA J | | |
| NORMAN KEVIN W | PULLEY LUCILLE | RONSHAUSEN SHELLY S | | |
| NORMAN ROBERT F | PYLE GARY | ROSINTOSKI JAMES | | |
| NORRIS ROBERT E | PYLES J P | ROSS DANNY | | |
| NORRIS CHARLES W | QUEEN JOHN | ROSS JOY | | |
| NORRIS HERBERT R | QUILLIN SHARON | ROSS MARY A | | |
| NORTH COAST OPERATING | RABER JOHN | ROSS TAMMY S | | |
| NORTHROP JAMES M | RACEY DONALD | ROSSI GREG | | |
| NOVAK ROBERT L | RALPH DEBORAH A | ROSSITER ROBERT | | |
| NOVARIA BERTHA E | RAMEY CHARLENE B | ROTE DONNA | | |
| NRM PETROLEUM CORP | RAMSEY HARRY | ROTRUCK ROBIN | | |
| NUTTER KEN | RAMSEY WILLIAM H | ROWE ERNEST D | | |
| O'CONNELL HELEN F | REED INA M | ROWLAND DONNA | | |
| O'NEIL BOBBY | REED JEFF S | RUBLE BARBARA | | |
| OHIO INNS, INC | REED JIM | RUDISH CHARLES J | | |
| OHIO PARTNERS OIL CO | REED MARK | RUSSELL ALICE | | |
| OILER ROBERT J | REED WILLIAM EJR | RUSSELL GEORGE W | | |
| OLDAKER JAMES E | REEP DAVID | S H PARKS & ASSOC INC | | |
| OLIPHANT REBECCA R | REEVES JAMES L | SABANOSH DANIEL | | |

As a member of an electric cooperative, you have access to free energy savings tips and information that can help you save money. We also offer in-home energy audits.

Whether your question is about heating and cooling systems, weatherproofing and insulation, water heaters or other appliances, the Energy Advisor at GMEC can help.

Call your co-op office today to have your questions answered.
800-521-9879



Guernsey-Muskingum Electric Cooperative

Your Touchstone Energy® Cooperative 

- | | | | | |
|------------------------|-------------------------|------------------------|------------------------|-----------------------|
| SMITH HAROLD J | SWEITZER HARRY R | TROYER MELVIN | WATKINS R J | WILSON CLARENCE J |
| SMITH JAMES | SWINGLE JOEY C | TUCKER CHARLES F | WAYBLE DALE | WILSON DAN |
| SMITH JEFFREY C | TABLER PAUL D | UNITED STATES CELLULAR | WAYNE STEVE P | WILSON KEITH A |
| SMITH M | TAHYI RANDY | URBAN LEO C | WAYT LARRY | WILSON MARLENE |
| SMITH MARTHA | TALBERT CLIFFORD R | URSINY KENNETH | WEBB GEORGE | WILSON TERRY L |
| SMITH MARTHA M | TALBERT RICK | USA WASTE SERVICES INC | WELL CARE SERVICES INC | WILSON WAYNE |
| SMITH PHILIP T | TAYLOR DOUGLAS SS | VAN DYKE THEDA E | WELLMAN EDWARD C | WIMER JOHN W |
| SMITH RITA | TAYLOR MELISSA | VAN VLECK JIM | WELLS GARY | WINGERTER JAMES B |
| SMITH ROBERT J | TAYLOR MIKE | VANFOSSEN GARY | WELLS RALPH G | WINN WILLIAM E |
| SMITH RONALD V | TCI CABLEVISION OF OHIO | VANVICKLE EDDIE E | WELLS RAY | WISE ALFRED O |
| SMITH THOMAS A | TEAGUE ROBERT | VAUGHN JOSEPH E | WESTERN CO OF AMERICA | WISE LISA |
| SNEDDEN DON | TEAL ROBERT W SR | VERIZON | WESTERN RESERVE | WISE RICHARD D |
| SNYDER HOWARD L | TEDLIE STANTON | VESSLS CHARLES R | TELEPHONE | WISE RONALD L |
| SOPKO WILLIAM E | TEDRICK WILLIAM V | VEST EDMOND | WESTERN UNION TEL CO | WISEMAN JUDITH J |
| SOTHEN HARRY L | TEETS GLENN C | VICKERS G | WESTLAND MOTEL | WOLFE GEORGE E |
| SOUDER SHARON | TERRY ANSEL | VINCENT MILDRED | WHALEN THOMAS | WOLFE JAMES T |
| SOWERS NORMA J | TERRY LEONARD E | VOICE STREAM WIRELESS | WHEELER CHRISTIAN | WOLFE JOHN |
| SPRANKEL THOMAS E | TEVIS HAROLD | WADDLE JEFFREY L | WHETSTONE RICHARD | WOLFE TIM |
| SPRINGER RUTH | THARP D M | WAGGONER JEAN A | WHITE R D | WOLFF IRENE J |
| ST ANDREWS ON LAKE CH | THEIS ROBERT | WAGNER DONALD R | WHITE RICHARD A | WOLFORD DOUGLAS A |
| STALLION OIL & GAS INC | THOMAS DEBRA | WAGNER JOSEPH E | WHITE WILLIAM L | WOLFROM PATRICIA |
| STATEN M D | THOMAS HAROLD L | WALKER DEBBIE L | WHITIS JAMES CJR | WOOD CHARLES L |
| STAVELY SHELLY | THOMAS MARK | WALKER RICHARD T | WICZEN STEVE C | WOODS CHRIS G |
| STEELE CAROLYN L | THOMAS RUTH I | WALKER ROBERT M | WILDE WALTON W | WOYANSKY JOHN |
| STEELE DARRELL E | THOMAS SCOTT | WALLACE DAVID R | WILDMAN JANE V | YACKEY MERRITT |
| STEELE SCOTT | THOMAS STARLA | WALLACE WAYNE | WILKEY BRIAN | YINGER GEORGE P |
| STEIL M | THOMASSON JOHN | WALLER MICHAEL | WILKEY EVERETT L | YOUNG DANIEL |
| STEINER LEO | THOMPSON VICTOR E | WALLICK PETRO CO | WILL BRADLEY J | YOUNG R D |
| STEPHENS JAMES V | TICE LARRY | WALTON STEVEN B | WILLIAMS CHRIS | ZANESVILLE SPEEDWAY I |
| STEVENS THOMAS | TIGHE JAMES | WARD WALTER MJR | WILLIAMS DANIEL J | ZENITH OIL & GAS INC |
| STEVENS THOMAS H | TIGNOR BRIAN E | WARE ROGER M | WILLIAMS DANIEL W | ZIGO FRANK P |
| STEVENS WALTER R | TIMES MIRROR CABLE T V | WARNE WILLIAM R | WILLIAMS DAVID R | ZILKHA ENERGY CO |
| STEWART RICHARD E | TIMES MIRROR CATV - CAM | WASMUND TODD | WILLIAMS DELMER M | ZIMMERMAN LAURA |
| STEWART TAMMY S | TINNEY DAVID | WATERS CAROLYN J | WILLIAMS LARRY L | |
| STILLION RICK A | TIPPLE RALPH N | | | |
| STOCKER AMY J | TODD JAMES G | | | |
| STOCKER & SITLER INC | TOM DONALD | | | |
| STONE IRENE | TOMPLAIT PHYLLIS | | | |
| STOTTS DONALD R | TOOLE BERNARD J | | | |
| STOTTS MICHAEL D | TORCHIA TOM | | | |
| STOTTS SHIRLEY I | TORKOS GINA P | | | |
| STOUDT RICHARD | TOUVELL MARY C | | | |
| STOUT LARRY | TOUVELL RALPH | | | |
| STRANDBERG PATRICIA | TRELKA JAMES M | | | |
| STRAUSS RICHARD D | TREXLER MARY | | | |
| STUBBS JEFF | TRI-AD CORPORATION | | | |
| SUHAYDA JOSEPH L | TRI-COAL CO | | | |
| SULLIVAN EDITH | TRI-PETRO WELL SERV INC | | | |
| SUSTAR JEROME F | TRIAX SOUTHEAST ASSOC L | | | |
| SWACKHAMMER KEVIN | TROUT PHILLIP E | | | |

OFFICIAL NOTICE

Certification of Active Duty Deployment Guernsey-Muskingum Electric Cooperative, Inc.

The cooperative will not disconnect electric service to the residential premises of any residential member who is deployed on active duty for nonpayment for electricity provided to the residential premises.

Upon return of the residential member from active duty, the cooperative will offer the residential member a period equal to at least the period of deployment on active duty to pay any arrearages incurred during the period of deployment. If the period the cooperative offers the residential member for repayment presents a hardship, the member may request a longer period to repay the arrearages. No late payment fees or interest will be charged to the residential member during the period of deployment or the repayment period.

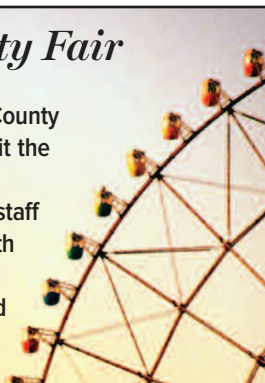
“Active duty” means active duty pursuant to an executive order of the president of the United States, an act of the congress of the United States, or section 5919.29 or 5923.21 of the Ohio Revised Code.

The residential member must resume the timely payment of all charges for electric service provided by the cooperative after the return from active duty deployment.

In order to avoid disconnection of electric service for nonpayment for electric service during a period of active duty deployment, a completed Certification of Active Duty Deployment form must be submitted to the cooperative. Certification of Active Duty Deployment forms are available from the cooperative upon request.

Guernsey County Fair

Come out to the Guernsey County Fair September 9-14 and visit the Guernsey-Muskingum booth under the grandstand. G-M staff will be on hand to speak with you about the various programs and services provided by your cooperative.



IT PAYS TO BUY QUALITY!

TWO WAYS TO SAVE:

1) **Rebates** — For water heaters purchased at Guernsey-Muskingum:

Prices include: **FREE Delivery**
FREE Maintenance (except cleaning), including parts and labor
FREE Pressure Relief Valve
FREE Radio-Controlled Switch

50-gallon: dimensions 22 3/4" dia. x 51" hght. (Weight = 230 lbs.)

\$600 Average Wholesale Price
 \$500 Co-op Cost
 \$175 Member Discount
\$325 Net Member Cost, plus tax

80-gallon: dimensions 26" dia. x 58" hght. (Weight = 325 lbs.)

\$700 Average Wholesale Price
 \$575 Co-op Cost
 \$200 Member Discount
\$375 Net Member Cost, plus tax

120-gallon: dimensions 28" dia. x 69 1/4" hght. (Weight = 410 lbs.) Special order

\$850 Average Wholesale Price
 \$700 Co-op Cost
 \$250 Member Discount
\$450 Net Member Cost, plus tax

Installation available for an approximate charge of \$120.

***Prices do not include any taxes.**

2) **Rebates** — for water heaters purchased elsewhere

<u>\$100 cash back for:</u>	<u>\$50 cash back for</u>
• 50-gallon or larger	• 40-gallon
• 7-year warranty (or longer)	• 7-year warranty (or longer)

To qualify for all rebates,
 members must allow the free
 installation of a radio-controlled switch.

Call Guernsey-Muskingum for more details.

740-826-7661 or 1-800-521-9879



SEPCO (stone-lined) Water Heaters

- 11-year warranty
- 2" foam insulation (R-16)
- 4" hand-hole cleanout

Stay healthy all school year

BY MAGEN HOWARD

BACK-TO-SCHOOL PREPARATION means more than just toting a list of classroom items to the store or buying a new pair of jeans and some sneakers. Consider these issues before the first bell sounds.

You are what you eat

Packing lunch ensures that you control what fuels your child's body. The National Institutes of Health recommends making lunch a family activity — kids usually want to eat what they've helped prepare.

Let your child choose from a variety of easy-to-pack snacks, like cheese sticks, whole fruits and crackers. And if your morning is rushed, try packing lunch in the evening before bedtime.

But sometimes packing isn't always practical, and school-provided lunches become necessary. In January 2012, the federal government upped standards for school meals — the first revision in 15 years — to make them

healthier. Among the requirements are an offering of fruits and veggies every day, along with more whole-grain foods, and reducing the amount saturated fat, trans fats and sodium in the foods.

All the preparation in the world, though, won't help if your child gets to school and swaps his or her carrot sticks for someone else's pudding cup.

Like most habits, healthy eating begins at home. If good food choices are all a child has grown up with, he or she will be more likely to continue making good choices at school and beyond.

Wash, wash, wash your hands

Schools are breeding grounds for illness, thanks to myriad shared surfaces and hygiene habits that are still a work in progress. Handwashing remains the first line of defense in preventing the sniffles.

Warm running water and soap

are the preferred tools to clean hands. But in a pinch, alcohol-based hand sanitizers work, too (unless hands are grubby — then soap is the only way to go), according to the U.S. Centers for Disease Control.

Teach your child good hand-washing techniques, which include scrubbing the backs of hands, between fingers and under nails, and washing for at least 20 seconds.

Singing 'Happy Birthday' twice is a good guide for how long to wash.

Handwashing is necessary around mealtimes (both for eating and preparing food) and after using the bathroom, touching animals or handling trash.

Also, instill in your child the necessity of using a tissue when sneezing or coughing (or an elbow or shirt sleeve if tissues aren't handy), and washing hands after.

Staying safe

Before the start of each school year, have a chat with your kids about safety — from walking or driving to school to how to handle a bully. Encourage them to take safety drills seriously.

Emergency plans are in place to protect your children in schools. Urge them to memorize evacuation routes and lockdown procedures, and obey teachers when these plans are enacted.

For more resources on school safety, visit www.cdc.gov/Features/safeschools

Sources: U.S. Centers for Disease Control; National Institutes of Health

Magen Howard writes on consumer and cooperative affairs for the National Rural Electric Cooperative Association.



Proper handwashing is key to preventing the spread of illness at school.
Source: U.S. Centers for Disease Control/Cade Martin

Co-op Notes

Geothermal heating/cooling system — \$300 rebate

We have a \$300 rebate to help pay for the most efficient underground heating, cooling and hot water system available today. A radio-controlled switch is required on the unit and on your electric water heater of at least 40-gallon capacity. More than 260 of our members are using geothermal.

Dual Fuel — \$300 rebate

If you install a new add-on electric heat pump with a fossil-fuel backup and have an electric water heater, which is at least 40-gallon capacity, you are eligible for a \$300 rebate. Radio-controlled switches are required to be installed on both the heat pump and water heater. Please call your cooperative for details. More than 800 members are using Dual Fuel.

Cool Returns — \$100 rebate

Are you having central air conditioning installed or a new electric heat pump with electric resistance heat backup? Allow your cooperative to install a radio-controlled switch and receive a \$100 rebate check. More than 100 members are using cool returns.

Water heater with a hole

The four-inch hole in the side of our tank is great for cleaning out sediment. This rebated tank is available for *free* delivery. We also have \$50 or \$100 checks to send you if you purchase a tank somewhere else. Give us a call for details.

Water heater installation available

If you purchase your water heater from G-M, our members services technician, Tim Fisher, will install your water heater for an additional charge. Give us a call.

Radio-controlled switch

“What a deal!” If you don’t already have a radio-controlled switch for your electric water heater, at least 40-gallon capacity, please call and Tim Fisher will install one.....FREE. More than 5,300 G-M members have a RCS on their water heater. This entitles you to a discount and free maintenance (except cleaning) including parts and labor on your electric water heater. Some exclusions apply, call us for details.

GenerLink™

We want you to use your portable generator safely. Call the member services department at GMEC and ask about GenerLink™. GenerLink™ eliminates the use of extension cords and other connections that can be dangerous to members and linemen.

Meter Reading

You can enter your meter readings on-line at our website, www.gmenergy.com. And as always you can mail your readings or call us 24 hours a day with meter readings.

Co-op Connections Card

The Co-op Connections® Card is free to all GMEC members and one card can be used by the entire family. The card can also be used to receive discounts nationwide on lodging, entertainment, dining and more. Visit www.gmenergy.com and click on the link to explore the possible discounts available to you.



Energy Efficiency

Tip of the Month

Like homes and other businesses, farms of all types can lower their electricity bills by turning off or lowering lights and small equipment in outbuildings. Timers and sensors can help, too. Regular cleaning, maintenance and seasonal tune-ups help keep larger equipment running at top efficiency.

Source: E Source

OFFICIAL NOTICE MEDICAL CERTIFICATION

Medical certification forms are available upon request at Guernsey-Muskingum Electric Cooperative, Inc. office for those persons who must certify that disconnection of electric service would make the operation of necessary medical equipment impossible or impracticable, or that such discontinuation of electric service would otherwise be dangerous to the health and welfare of persons residing in the household.

In all cases where discontinuation of service would be especially dangerous to life and welfare of the occupants within a household, the consumer should contact the cooperative and request a “Medical Certification” form. This form must then be completed and certified by a licensed physician or local board of health and filed with the cooperative.

Shopping for lights? Look for lumens, not watts

WHEN YOU'RE SHOPPING for lightbulbs, compare lumens to be sure you're getting the amount of light, or level of brightness, you want. A Lighting Facts Label makes it easy to compare bulb brightness, color, life and estimated annual operating cost.

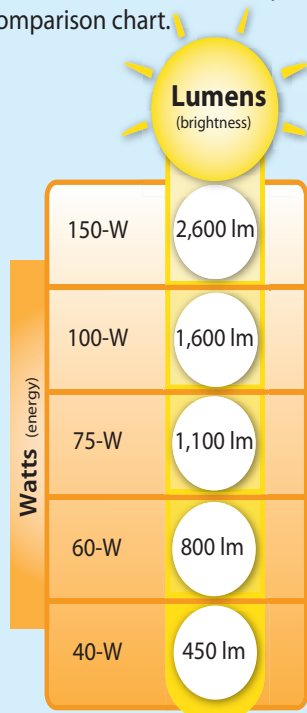
Buy lumens, not Watts

We typically buy things based on how much of it we get, right? When buying milk, we buy it by volume (gallons).

So why should lighting be any different? But for decades, we have been buying light bulbs based on how much energy they consume (watts), not how much light they give us (lumens). With the arrival of more efficient lightbulbs, it's time for that to change.

What to Look for When Purchasing Lightbulbs

Instead of shopping for watts, look for lumens. Here's a helpful comparison chart.



Estimates based on typical incandescent bulbs. Source: U.S. Federal Trade Commission

- To replace a 100-W traditional incandescent bulb, look for a bulb that gives you about 1,600 lumens. If you want something dimmer, go for less lumens; if you prefer brighter light, look for more lumens.

- Replace a 75-W bulb with an energy-saving bulb that gives you about 1,100 lumens
- Replace a 60-W bulb with an energy-saving bulb that gives you about 800 lumens
- Replace a 40-W bulb with an energy-saving bulb that gives you about 450 lumens.

What should I look for? The Lighting Facts label

To help consumers better understand the switch from watts to lumens, the Federal Trade Commission requires a product label for lightbulbs since January 2012. The labels help consumers buy bulbs that are right for them.

Like the helpful nutrition label on food products, the Lighting Facts Label will help consumers understand what they are really purchasing. The label clearly provides the lumens — or brightness — of the bulb, estimated operating cost for the year and the color of the light (from warm/yellowish, to white to cool/blue).

Lighting accounts for roughly 13 percent of an average household's electric bill. Store shelves are filled with light bulb options. What works best for Guernsey-Muskingum members? First, look at high quality bulbs. Cheaper are usually not better. I have had problems with cheaper bulbs being dimmer and not lasting to my expectations.

Consumers' energy efficient lighting options include:

- Halogen incandescent:** They use 25 percent less energy, last three times longer than regular incandescent bulbs and have the lowest purchase price.
- CFLs:** They use 75 percent less energy, last up to 10 times longer and are in the middle price range.
- LEDs:** They use 75 to 80 percent less energy, last up to 25 times longer and are more expensive.

To learn more about lighting options and other ways to save energy at home, visit TogetherWeSave.com. ☺

Source: *Energy Savers*, U.S. Department of Energy



Ray Crock,
Energy Advisor